

## TRIPLE CROWN SIMPLIFIED

### 30 Miles

Start: Lacy Park in San Marino @ St Albans Rd  
& the Rose Garden. (north of Monterey Rd)

So St Albans Rd  
R Monterey Rd  
L Monterey Rd @ Gold Line tracks  
R Via Marisol  
X 110 Fwy

QL/R cont Via Marisol  
R Ave 56  
L Media Dr  
R Ave 55  
QR/L Longfellow St  
R Ave 52

L Monte Vista St  
L Marmion Way  
R Mt. Washington  
R San Rafael Av

### Regroup @ Swami Yoganada's Self-Realization Center (1st crown)

Cont San Rafael Av  
R Ter 49  
L San Refael Av  
R Ave 50  
L Monte Vista St  
R Ave 52  
X 110 Fwy  
Cont Griffin Av  
L Montecito Dr

### Regroup at top, Roberta St (2nd crown)

R Roberta St  
L Sierra St  
R Flora Av  
L Lincoln Park Av  
R Broadway  
L Spring St  
Cont Alameda St  
R Ord St

### Break at Philippes @ Ord & Alameda

West Ord St  
R Broadway  
L Solano Av

L Amador St  
L Academy Rd  
R Park Rd  
Cont Solano Canyon Dr  
**Cont Elysian Park Dr (3rd crown)**

R Stadium Way  
L Riverside Dr  
R Fletcher Dr  
Cont 36th St  
L Eagle Rock Blvd

R El Paso Dr  
L Ave 50  
X York Blvd  
R Meridian St  
QR/L Pollard St

R Ave 66  
L York Blvd  
Cont Pasadena Av  
Cont Monterey Rd

### Final Break @ Union Bakery @ Fair Oaks Av & Monterey Rd

Cont Monterey Rd  
L St Albans to start.

Description: Rolling terrain plus 3 good climbs;  
travels through Mt Washington, Montecito Hts &  
Elysian Park